

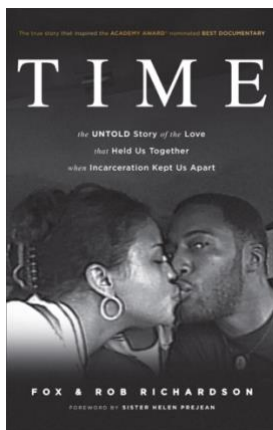
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Fox and Rob Richardson, of the Academy Award nominated documentary *TIME*, Dive Deep into the Untold Story of the Incarceration that Separated Them, the Love that Sustained Them, and the Miracles that Brought them Back Together in New Book

Rob and Fox Richardson defied all statistics after being separated for 21 years; Now they are leading the charge to change lives through love

“Love is the most divine chemical in the universe.” – Fox & Rob Richardson



Nashville, TN, November 2022 — Twenty-one years of love and commitment is the sign of a great relationship by most standards. But twenty-one years of love and commitment, separated by America’s most violent maximum-security prison while raising six boys as a single mom and relentlessly advocating against a system designed to keep her husband in prison, can only be described as *radical love*.

In his early twenties, Rob Richardson was fighting to get his business off the ground to provide for his growing family, yet was turned down by every bank for a loan. So, in the heat of desperation, he attempted to rob one, and was sentenced to 61 years in prison due to an overzealous prosecution. This was his first offense. Rob ended up serving more than two decades in America's bloodiest penitentiary, Angola, until receiving clemency in 2018. In their new book, *Time: The Untold Story of the Love That Held Us Together When Incarceration Kept Us Apart* (Baker Books, February 7, 2023), high school sweethearts Fox & Rob share how they defied all odds and kept their family together through years of challenges.

The 2020 Academy Award-nominated documentary *Time* introduced audiences to Fox and Rob, who riveted viewers with their relentless fight for love and justice, despite America's broken prison system. Their new book tells the rest of their story. In alternating voices and never-before-shared details, Fox and Rob reveal what the film does not—how a person can hold on to their faith and cultivate the radical love needed to see them through (and the miracles that happened along the way).

[According to research at Florida State University](#), each year of incarceration increases the odds that their marriage will end in divorce (before or after the person gets out of prison) by an average of 32 percent.

At the lowest point in their journey, Fox & Rob legally divorced. Fox continued to wear her wedding ring, and Rob took a marriage and family course in prison. They remarried while Rob was still behind bars, calling collect from Angola to renew their vows over the phone, while their sons were present to witness the event with Fox. As they peel back the layers of their unforgettable love story, you'll discover the perseverance and the power of a resilience that is found only in faith in the God who never gives up on us.

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“Our story feels more like the place where we grew up. It’s the sun on the Louisiana landscape; thick with heat and heavy with longing. It’s glorious like the cypress trees that grow out of the murky, density of the swamp. It’s the way the Spanish moss clings to those trees; holding onto its source, even as it grows. Likewise, our story is about surviving the heat by holding on to love and faith.”

Fox and Rob are available for interviews and can speak to a variety of topics, including:

- Holding on to faith in the face of great trials
- The one thing that held us together when incarceration kept us apart
- Fox Richardson: Meet the woman who defied all odds, survived 21 years of her husband’s incarceration while tirelessly leading the charge to restore her family
- Why mass incarceration must be abolished
- To be free is to free others
- Fox & Rob’s family motto: “If it’s not facing 297 years in prison, it’s not a problem.”
- Prison reform and mandatory minimums: fighting for reform in America’s prison system

“[Living in prison] was a living death. I didn’t want that for them or myself. I don’t believe that you can cage a man in the way our system has done and expect full and total recovery. Even if one rehabilitates their actions, something is lost behind those bars, in those cinder-blocked cells. Something that only God can return. Something I pray for daily.”

Fox and Rob now give of their time as advocates for incarcerated families where they have a vision to change lives and laws through love.

About the Authors



Sibil Fox and Robert Richardson are a New Orleans based couple who endured 21 years as an incarcerated family and whose story is told in the acclaimed, award-winning documentary TIME. Together they have six sons and continue their advocacy for incarcerated families through the NOLA chapter of Participatory Defense, which they founded with the vision of "changing lives and laws through love." They also founded Rich Family Ministries, dedicated to empowering marriages to thrive.

Connect with Fox & Rob Online:

Website: <https://www.foxandrob.com/>

Instagram: <https://www.instagram.com/foxandrob/>

Facebook: <https://www.facebook.com/foxandrob/>

YouTube: <https://www.youtube.com/@foxandrob>

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Suggested Interview Questions

Fox and Rob Richardson, Author of *TIME*

1. Your memoir shares the story of keeping your family together while being separated by incarceration for two decades. Where did your perseverance and strength come from?
2. Fox, you had to raise six boys while fighting for the release of your husband. How did you balance being a single mom, homeschooling your boys, supporting your family and being an advocate for your husband?
3. Rob, you spent time in what is known as America's bloodiest penitentiary. How did you remain strong and resilient during that time?
4. In the introduction, you speak about the first time you both meet. You write, "Love is where we began, and it is where we return." Tell us why love is so important during difficult times.
5. According to research by Florida State University, each year of incarceration increases the odds that their marriage will end in divorce (before or after the person gets out of prison) by an average of 32 percent. What was the biggest obstacle you both had to face while be separated? How did you defy the odds?
6. In chapter two, you speak about the situations that led you to rob a bank, such as providing for your family while going through the loss of a job and trying to build a business. Looking back and learning from your experiences what is the best piece of advice you could give a reader/listener who feels like they are out of options?
7. How did you both keep the spark of love alive while being separated for two decades?
8. Fox, you started the journey of fighting for your husband's release in 2002 after getting released from prison yourself. You fought for his release for years. How did you keep persevering through the tough times?
9. *Time* is full of life stories. What encouragement would you share with the listeners/viewers who want to make a difference in the justice system but don't know where to start?
10. What is your hope for this book? What do you want readers and listeners to take away from reading *Time*?

For an interview with Fox and Rob Richardson contact Shanon at shanon@iconmediagroup.com.

Endorsements for *TIME*

“*Time* is a stunning and poignant story of the power of love and family in a time when the whole world is against you. It’s the story of a man desperate to get back to his family, and a woman and children who refuse to give up on him. It’s an awe-inspiring story of perseverance and what it means to be a Black family in America—the joy, the sorrow, the victories, and the hurt all in one. Fox and Rob’s devotion to each other, their children, and the truth is nothing short of astounding.

Exposing the toll that the American prison system takes on an individual and their family, Fox and Rob’s story of heartbreak and perseverance needs to be heard around the world. It’s a devastatingly real look into what spawned the couple’s mission to abolish mass incarceration. Fox and Rob have already proven their story is one for a generation, but now they’ve proven their literary prowess as well.”

Kenya Barris, writer, producer, director, actor

“This story has to be told. This book has to be read. It’s so incredibly perfect for the times we live in—bad personal decisions, misplaced accountability, genuine redemption, and eventually dignity and justice. It’s better than fiction because it actually happened. And it’s proof that, in the end, love really does conquer all.”

Dr. Frank I. Luntz, political and communications commentator

“Like so many other filmgoers, I was moved, angered, and inspired by the extraordinary documentary *Time*. My only complaint was that it left me wanting to know more. Now, this book goes into greater depth and detail in telling Fox and Rob Richardson’s courageous battle to achieve justice for themselves and, ultimately, for so many who have been failed by the American legal system.”

Jeffrey Katzenberg, cofounder, WndrCo and DreamWorks, SKG

“I love this book. Books about people entangled in the American criminal justice system are typically about an individual’s personal experience. *Time*, however, is about the journey of a family separated by time, distance, and gun towers of the Louisiana penal system. It’s about their decades-long struggle to survive and create a future in the face of none while holding their family together despite a merciless system. For most incarcerated parents, it’s an impossible dream. For Fox and Rob Richardson, it’s about determination, growth, love, and faith—an inspiring success story against all odds. For me, *Time* is a celebration of the human spirit’s ability to transcend the mud and rise from it, unstained like the lotus, bringing beauty into the world where we least expect it.”

Wilbert Rideau, award-winning prison journalist, editor and filmmaker;
author of *In the Place of Justice*

Powerful Quotes from *TIME*

"Love is the most divine chemical in the universe."

"Family is the first gift God gave us all, after life itself."

"While we may be an incarcerated family, we're still a family who loves one another very deeply and will go to the ends of the earth to protect each other. Even prison walls couldn't stop that."

"With love, all things are possible. Yes, even enduring two decades in some of the most savage conditions known to humankind."

"Faith was like oxygen to us—you couldn't see it, but it was always there. Some call it insanity. Some call it faith."

"Our story feels more like the place where we grew up. It's the sun on the Louisiana landscape; thick with heat and heavy with longing. It's glorious like the cypress trees that grow out of the murky, density of the swamp. It's the way the Spanish moss clings to those trees; holding onto its source, even as it grows. Likewise, our story is about surviving the heat by holding on to love and faith."

"Hope is a heavy thing and we were carrying it with all the strength we had. We were in hot pursuit of the American dream and the energy of our naysayers only fueled our determination. We were moving in the spirit of those who believe that the impossible translates into 'I'M POSSIBLE.'"

"Fox felt like if we didn't make it, then the system won. The system of mass incarceration was designed to enslave, yes, but also to tear families apart."

"It's the power of love that sustained our children when statistics said they were seven times more likely to land in prison. It's the power of love that allowed a single mother to raise six sons in the absence of their father."

"Rob and I were taking on the whole state of Louisiana for our life, liberty, and our freedom. I knew that we were stronger together than we could ever be apart."

"[Living in prison] was a living death. I didn't want that for them or myself. I don't believe that you can cage a man in the way our system has done and expect full and total recovery. Even if one rehabilitates their actions, something is lost behind those bars, in those cinder-blocked cells. Something that only God can return. Something I pray for daily."

"This is the journey of incarcerated families. Two parents on very different paths, that hopefully will lead back to a wholeness they were forever seeking."

"Failure was not an option. Breaking the law again was not an option. I had to figure this new life out with no map. No model. No training. And I knew God was the only one who could show me the way. So I had to tune into the Holy Spirit and allow myself to be led."

"No matter what we'd been through, we were always going to be best of friends. That's a fact. We are Fox and Rob. We ride for each other. And that foundation of friendship was the glue that kept us stuck to each other even when we'd stretch each other too far."